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## ITEMS TO BRING TO THE HOSPITAL for baby

	Two baby outfits including a hat
	Receiving blankets
	Vest
	Gloves or mittens to prevent babies from scratching their faces (so they look good in photos)
	Nail file or emery board, available from the hospital gift shop (nail clippers do not work and you cannot bite the baby's nails as some books suggest)
	Barrier cream/diaper cream
	Small bottle of olive oil or baby oil to rub on the baby's bum (helps clean the thick, sticky meconium poos much more easily)
	Some newborn diapers (diapers will be provided by the hospital)
	Car seat