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ITEMS TO BRING TO THE HOSPITAL for after delivery

	Housecoat
	Slippers
	Toiletries (whatever you use on a daily basis)
	Dental care
	Hairbrush, shampoos, soaps, makeup, etc.
	Maxi pads
	Breastfeeding bra, breastfeeding pads, lanolin cream for nipple care
	One or two small bottles of premixed formula and a small bottle with a nipple (I recommend Nestle's Good Start formula but any newborn formula will do)
	Tucks medicated pads (makes wiping after going to the washroom so much more comfortable)
	Old pair of underwear (you are given one pair of disposable underwear, and you can buy more pairs of disposable underwear at the gift shop)